

# Hall Life Observer

January 2021

**GREEN QUEST ONLINE WORKSHOPS**

**SUSTAINABLE FOOD AT LEAST 3 TIMES A DAY CHANGE THE WORLD EVERYDAY**

**TIME TO RETHINK OF OUR FOOD SYSTEM**

Guest speaker: Mr. Augustine Chung, World Wide Fund for Nature (WWF-HK)

28 JANUARY 2021  
7PM - 8:30PM VIA ZOOM  
Language: English

Application Deadline: 23 Jan 4pm

**Virtual Chill out - meet new friends**

ALL PARTICIPANTS WILL RECEIVE A GOODIE BAG!

20 JAN 10:30 AM - 11:30 AM VIA ZOOM

**Global Virtual Orienteering**

Spent 1 week during semester break:  
- Training with youths from Japan, South Korea, Taiwan & Kenya  
- Get the award!

**GREEN QUEST ONLINE SEMINAR SERIES**

**BIODIVERSITY IN HONG KONG - OUR NATURE NEIGHBORS**

Guest speaker: Mr. Augustine Chung, World Wide Fund for Nature (WWF-HK)

21 January 2021  
7pm - 8:30pm via zoom  
Language: English

Application Deadline: 20 Jan 4pm

**GREEN QUEST LOCAL PROJECT INTERNSHIP**

**INTERNSHIP PROGRAMME ON BRAIN HEALTH IN POSITIVE AGEING**

Community Engagement Officers (CCO)  
Internship Programme on Brain Health in Positive Ageing

4 Online Modules  
8 Online Plus (On-site) Modules  
On-site PBL (Project Based Learning) Experience  
Application Deadline: 15 JAN 4PM

**Halls Think Tank Award**

Propose innovative & practical resident-oriented ideas to improve hall life experiences of residents

Awards:  
- 1st life: \$1000  
- 2nd life: \$500  
- 3rd life: \$200

- Any topics related to hall life

Countdown // sives600 // ibronz

**PAIN HEALTH IN THE AGEING**

Hall Fellow - Resident Connect Series (eRe)

Support & Self-management Program

DEADLINE: 15 JAN 4PM

**E-SPORTS IN HOUSING DEVELOPMENT AND SOCIAL VALUES TO THE COMMUNITY**

Development of Esports in HK  
Participate in the development of Esports Values to the Community

DATE: 26 JAN 2021  
TIME: 7 PM - 8:30 PM  
LANGUAGE: ENGLISH  
SPEAKER: MR DANIEL CHOY  
7:00 - 8:00 pm (On-site) / 8:00 - 8:30 pm (Online)  
Co-organizer: Hong Kong Student Esports Association

DEADLINE: 25 JAN 4 PM

# Memory Refresher

Virtual Glocal Culture Orienteering 「義地連線」文化定向遊  
(30 Dec 2020 – 6 Jan 2021)



Hall Fellow – Resident Connect Series (FeRe): Brain Health in the Ageing (18 Jan)



1  
Meet New Friends- a Virtual Chill Out (20 Jan)



3  
Green Quest Seminar Series: Biodiversity in Hong Kong - Our nature neighbors (Webinar) (21 Jan)



4

5  
Green Quest: Local Project Internship 2020-21 (21 Jan-Apr)



6  
E-sports in Hong Kong : Development and Social Values to the Community (Webinar) (26 Jan)



7  
Sustainable food – at least 3 times to change the world everyday (Webinar) (28 Jan)



8  
Community Engagement Organisers (CEOs): Internship Programme on Brain Health in Positive Ageing (Jan-Apr)

8



# Featured Story of the Month



We are always online now. On the virtual platform, we meet new friends, mingle with old pals, watch movies, attend classes, explore new cultures, the list can go on. Everything becomes possible when we use our creativity and seize the opportunity. We would like to draw your attention to two award programmes to unleash your creativity and imagination.



## Halls Think Tank Awards (HTT) is an idea incubator

Propose innovative and practical resident-oriented ideas covering any topics related to hall life experience including hall life education, administration and infrastructure to improve hall life experience of residents.

Target: A group with a minimum 3 current residents  
Award: \$10,000 (Gold), \$6,000 (Silver) and \$4,000 (Bronze)  
Deadline: 5 March 2021 (Friday)

## Resident Initiative Award (RIA) invites student-initiated activities

Organise activity that promotes the four development dimensions of Hall Life Education to current hall residents. The four development dimensions are Residents' Bondedness, Community Engagement, Personal Enrichment and Green & Health Mindfulness.

Target: Current resident(s) on an individual or group basis  
Award: Up to \$5,000 to run the activity  
Deadline: 31 March 2021 (Wednesday)



Apply now to make your hall life a colourful and unforgettable one!

# FUN FACT

2002 vs 2020

Same as you, the Undergraduate Halls is a millennial. It was built in 2002 and has undergone some refurbishments. Here are some of the old pictures!

COMPUTER ROOM



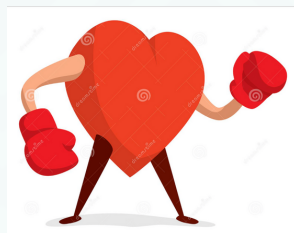
ROOM 114

## Upcoming Events

Hall Tutor and Non-local  
Mentor Recruitment 2021-22



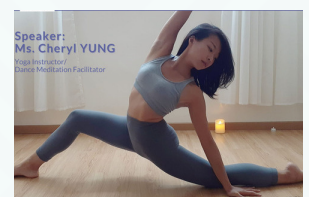
Health Mindfulness  
Programme: 'Box Off  
Depression



Green Communities and  
Sustainable Architecture  
in Copenhagen



Halls Mindfulness  
Programme



We wish you all a Happy and Healthy Lunar New Year!



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S1902, SOUTH TOWER,  
UNDERGRADUATE HALL

OUR WEBSITE



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